



As of October 1, 2018

# Master Schedule

490 Lincoln Highway, Fairless Hills, PA 19030

<b>Monday</b>	White/Yellow/Green (Ages 6-12) 6:00 - 7:00 pm	Blue/Red/Black (All Ages) White/Yellow/Green (Ages 13 and up) 7:00 - 8:15 pm	Adults Only* (All Ranks / Ages 18 & Up) 7:00 - 8:15 pm	
<b>Tuesday</b>	White/Yellow/Green (Ages 6-12) 6:00 - 7:00 pm	Blue/Red/Black (All Ages) White/Yellow/Green (Ages 13 and up) 7:00 - 8:15 pm	Black Belt Class* (Sport Poomsae/Drills) 7:00 - 8:00 pm	Adult Aikido 8:30 - 10:00 pm
<b>Wednesday</b>	White/Yellow/Green (Ages 6-12) 6:00 - 7:00 pm	Blue/Red/Black (All Ages) White/Yellow/Green (Ages 13 and up) 7:00 - 8:15 pm		
<b>Thursday</b>	White/Yellow/Green (Ages 6-12) 6:00 - 7:00 pm	Blue/Red/Black (All Ages) White/Yellow/Green (Ages 13 and up) 7:00 - 8:15 pm	Black Belt Class* (Technique/Self-Defense) 7:00 - 8:15 pm	Adult Aikido 8:30 - 10:00 pm
<b>Friday</b>	All Rank (All ages) 6:00 - 7:00 pm			
<b>Saturday</b>	All Rank (All ages) 9:00 - 10:00 am	Weapons Beginner 10:00 - 10:45 am (By Invitation Only)	Weapons Intermediate/Advanced 10:45 - 11:30 am (By Invitation Only)	

**1. SPARRING WEEK: Beginning the 2nd Monday of each month (Monday thru Friday)**

\*All students must bring their sparring equipment.

**2. Weapons Classes Are By Invitation Only**

**3. \*Specialized Classes are subject to instructor availability. When instructional resources are unavailable, specialized classes are combined with regular classes.**

**4. BLACK BELTS can attend any 7:00 pm class to train and are encouraged to assist at any 6:00 pm class.**

