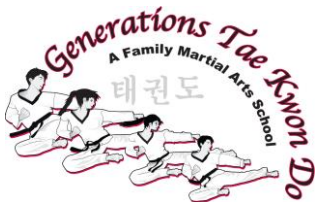




# Master Schedule

490 Lincoln Highway, Fairless Hills, PA 19030

<b>Monday</b>	<b>Ages 4 &amp; 5</b> (Little Dragons) 5:15 - 6:00 pm	<b>All Ages</b> (All Ranks) 6:00 - 7:00 pm	<b>All Ages</b> (All Ranks) 7:00 - 8:15 pm	<b>Adults Only*</b> (All Ranks / Ages 18 & Up) 7:00 - 8:15 pm	<b>Adult Aikido</b> 8:30 - 10:00 pm
<b>Tuesday</b>	<b>Green/Blue Class</b> (All Ages) 5:30 - 6:00 pm	<b>All Ages</b> (All Ranks) 6:00 - 7:00 pm	<b>All Ages</b> (All Ranks) 7:00 - 8:15 pm	<b>Black Belt Forms*</b> (Sport Poomsae) 7:00 - 8:15 pm	<b>Adult Aikido</b> 8:30 - 10:00 pm
<b>Wednesday</b>	<b>Weapons</b> Beginner 5:15 - 6:00 pm	<b>Ages 6 &amp; 7*</b> (White & Yellow) 6:00 - 7:00 pm	<b>Weapons</b> Intermediate/Advanced 6:00 - 7:00 pm	<b>Tournament Team</b> Practice 7:00 - 8:00 pm	
<b>Thursday</b>	<b>White/Yellow Class</b> (All Ages) 5:30 - 6:00 pm	<b>All Ages</b> (All Ranks) 6:00 - 7:00 pm	<b>All Ages</b> (All Ranks) 7:00 - 8:15 pm	<b>Black Belt Class*</b> (Black Belt Technique) 7:00 - 8:15 pm	<b>Adult Aikido</b> 8:30 - 10:00 pm
<b>Friday</b>		<b>All Ages*</b> (All Color Belt Ranks) 6:00 - 7:00 pm			
<b>Saturday</b>	<b>FORMS</b> All Ages & All Ranks 9:15 am - 10:00 am	<b>SPARRING</b> All Ages & All Ranks 10:00 am - 11:30 am			
<b>Sunday</b>	<b>Instructor Training</b> (By Invitation Only) 8:30 am - 10:00 am	<b>Poomsae Academy**</b> Ages 10 & Up/All Ranks 10:00 am - 12:00 pm			



Note: Weapons Classes Are By Invitation Only (Ages 6 Thru Adult)

\*Specialized Classes are subject to instructor availability. When instructional resources are unavailable, specialized classes are combined with regular classes.

\*\*Poomsae Academy and Friday Evening Classes will run on an intermittent schedule.