



As of June 1, 2021

Master Schedule

490 Lincoln Highway, Fairless Hills, PA 19030

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|------------------|---|--|---|--|
| Monday | White/Yellow/Green (All Ages) 6:00 - 7:00 pm | Blue/Red/Black (All Ages) 7:00 - 8:15 pm | Adults Only* (All Ranks / Ages 18 & Up) 7:00 - 8:15 pm | Adult Aikido/Okinawan Karate 8:30 - 10:30 pm |
| Tuesday | ALL RANK (Ages 6-10) 6:00 - 7:00 pm | ALL RANK (Ages 11 and Up) 7:00 - 8:15 pm | Black Belt Class* (Sport Poomsae/Drills) 7:00 - 8:00 pm | Adult Aikido/Okinawan Karate 8:30 - 10:30 pm |
| Wednesday | ALL RANK (Ages 6-10) 6:00 - 7:00 pm | ALL RANK (Ages 11 and Up) 7:00 - 8:15 pm | Black Belt Prep* (Invited Deputy Black Belts) 7:00 - 8:15 pm | |
| Thursday | Blue/Red (All Ages) 6:00 - 7:00 pm | White/Yellow/Green (All Ages) 7:00 - 8:15 pm | Black Belt Class* (Technique/Self-Defense) 7:00 - 8:00 pm | Adult Aikido/Okinawan Karate 8:30 - 10:30 pm |
| Friday | All Rank (All ages) 6:00 - 7:00 pm | Weapons (All Rank) 7:00 - 8:15 pm (By Invitation Only) | | |
| Saturday | Reserved for Specialized Classes, Training Seminars, Pre-Tournament Prep and Testing | | | |

1. SPARRING WEEK: Beginning the 2nd Monday of each month (Monday thru Friday)

*All students must bring their sparring equipment.

2. Weapons Class is By Invitation Only

3. *Specialized Classes are subject to instructor availability. When instructional resources are unavailable, specialized classes are combined with regular classes.

