



As of March 11, 2022

Master Schedule

490 Lincoln Highway, Fairless Hills, PA 19030

	Regular Class	Regular Class	Special Class	Weapons Class	Aikido/Karate Program
Monday	White/Yellow/Green (All Ages) 6:00 - 7:00 pm	Blue/Red/Black (All Ages) 7:00 - 8:00 pm	Adults Only* (All Ranks / Ages 18 & Up) 7:00 - 8:00 pm	Yellow WEAPONS (All Ages) 8:00 - 8:30 pm	Adult Aikido/Okinawan Karate 8:30 - 10:30 pm
Tuesday	ALL RANK (Ages 6-10) 6:00 - 7:00 pm	ALL RANK (Ages 11 and Up) 7:00 - 8:00 pm	Black Belt Class* (Sport Poomsae/Drills) 7:00 - 8:00 pm	Blue/Green WEAPONS (All Ages) 8:00 - 8:30 pm	Adult Aikido/Okinawan Karate 8:30 - 10:30 pm
Wednesday	ALL RANK (Ages 6-10) 6:00 - 7:00 pm	ALL RANK (Ages 11 and Up) 7:00 - 8:00 pm	Black Belt Prep* (Invited Deputy Black Belts) 7:00 - 8:00 pm	Red WEAPONS (All Ages) 8:00 - 8:30 pm	
Thursday	Blue/Red (All Ages) 6:00 - 7:00 pm	White/Yellow/Green (All Ages) 7:00 - 8:00 pm	Black Belt Class* (Black Belt Technique) 7:00 - 8:00 pm	Black WEAPONS (All Ages) 8:00 - 8:30 pm	Adult Aikido/Okinawan Karate 8:30 - 10:30 pm
Friday	All Rank (All ages) 6:00 - 8:00 pm				
Saturday/Sunday	Reserved for Specialized Classes, Training Seminars, Pre-Tournament Prep and Testing				

1. SPARRING WEEK: Beginning the 2nd Monday of each month (Monday thru Friday)

*All students must bring their sparring equipment.

2. *Specialized Classes are subject to instructor availability. When instructional resources are unavailable, specialized classes are combined with regular classes.